

CYO VOLLEYBALL RULES 2018

GENERAL

1. **Second team** listed is HOME TEAM
 - a. HOME TEAM must supply the official game ball. Home team has choice of net or serve. Visitors have the same choice for the second game and coin toss for the third game called by the home team with the winner having the choice of net or serve.
 - b. Both teams will supply an official scorer at the table to keep visual score and score sheet including substitutions.
 - c. HOME TEAM will keep all game score sheets. Both coaches will sign the score sheet.
2. Coaches must **FILL OUT** the official CYO Score sheet upon arrival at the gym. All starting team member names will be printed on score sheet. The **FIRST** six (6) names for all leagues must be in starting order with last name and number on score sheet. Each coach is required to provide the official scorers a separate team roster listing all players for their team. Roster will be kept at scorers' table and returned to coach after the game. Roster will include player's last name, first name and uniform number. This must be done five minutes before game time. **COACHES SHALL CIRCLE FIRST SERVER ON THE GAME SCORE SHEET.**
3. Only the coach and players of each game in progress are allowed in the designated team area, which will be on the side where the Scorers' Table is located. All coaches must stay at team bench area.
4. Each team shall provide one adult lines-person. (18 or older)
5. OHSAA rules will be followed with the addition of CYO special rules.
6. **MINIMUM PLAYING TIME:** It is recommended by CYO that all participants have two (2) **ENTRIES PER Match IN THE 6TH, 5TH, & 4TH grade leagues.** It is expected that coaches will honor this recommendation.

RULES FOR COACHES-Official schedules will be posted on Daytoncyo.org on Feb. 6 at 6 pm. Regular season starts on Sat. Feb. 10

CYO GAME RULES

1. Tournament seeding will be final and based on the first five weeks of the season. Tournament brackets will be posted on the **CYO web site by Fri. March 10.** Tournaments will start on Sat. March. 17 Finals will be played on the weekend of March 24 & 25.
2. Game time is forfeit time for the first game, ten minutes after game time for the second game and 20 minutes after game time for the third game.
3. Warm up time is three minutes between each game.
4. A match shall consist of three 25- point games (**RALLY SCORING**) with a time limit of 55 minutes total for all three games. **No time limit for tourney games.** Time shall be kept by game official and will start on the first whistle of the first game. Server can not hold ball the last 10 seconds in the 5th & 4th grade leagues and the last 5 seconds of the 8th, 7th & 6th grade leagues to run out the clock. In these situations the clock will start with serve contact on the ball.
 - a. There will be one time out per game per team. Times out will be 30 seconds each
 - b. League standings will be by most wins. If two teams have the same number of wins, the league winner will be determined by the most points scored..
5. Team composition will be six (6) players for all leagues. Leagues must have **five** players to start the game. In case of injury for all leagues, the OHSAA rules will apply. IE: player in position 4 may sub for injured player in position 2. Injury substitutions will be noted on the score sheet.
6. Serving 8th, 7th & 6th—5 seconds (no help) and 5th & 4th—10 seconds (no help). Gym Supervisor will mark the serving line. The line will be moved up 7 feet for the 5th & 4th grade leagues. Reserve rules under OHSAA will apply to all leagues. If a player plays up, they can serve from the appropriate distance for their grade.
 - a. Hits: 8th, 7th & 6th grade leagues-three (3). 5th & 4th grade leagues-four (4). OHSAA rules apply for all ball contact.
7. Net height for all leagues is 7 feet.

8. Rotation
Net – 6 players
4 – 3 – 2
5 – 6 – 1 (server)

Tourney games will be the best 2 out of 3 games. All three games will be played to 25 points.

- a. Team on top part of bracket will be the home team.
8th & 7th grade leagues, OHSAA official ball size will be used, 25-27 inches in circumference. 6th, 5th & 4th grade leagues will use the lively ball. This ball is called a Volley Light USVBA training ball. **substitutions:** Request for substitutions must be made only by coaches when ball is dead
 - a. Teams are allowed unlimited substitutions for each player as long as player goes back in the same position.
 - b. A maximum of 15 seconds is allowed for each substitution per team. If a team takes more than 15 seconds, a time out will be charged. If a team is out of times out, a point is charged.
 - c. When a player starts serving, the player must complete their serve before they can be substituted for. Service starts with the whistle.
 - d. No more than two (2) players may be substituted per request per team, otherwise a time out must be taken.
 - e. Teams are allowed to make substitutions at very dead ball situation**
 - f. Teams may make mass substitutions at the 15- point mark of each game**
9. Protests will not be accommodated for game conduct or rule enforcement, consistent with OHSAA rules. Protests for player eligibility and CYO rules procedures may be filed according to CYO rules.
10. If referee fails to show up, coaches will agree on a substitute referee for the game. Refusal to play the game will constitute a forfeit.
11. All changes on rosters must be made by Friday, March 4 at 12 noon.

GYM INFORMATION

1. Gyms will open 15 minutes prior to first game time
 - a. All players must wear gym shoes for all games
 - b. Teams are responsible for any damage to the buildings or gyms.
 - c. Coaches are held responsible for the behavior of their players and supporters
 - d. No spectators or players may roam around the buildings
 - e. No signs or confetti is allowed in any gym

WEATHER CANCELLATIONS-games cancelled because of the weather cannot be made up unless they are tournament games. Cancellations will be posted on the web site.

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